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THE SINCERE

Catholick's Companion.

Wm. Johnson M'Donald.

Publiſhed with PERMISSION,
Of my LORD JOHN OLIVER BRIAND,
Biſhop of *QUEBEC.*

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1778
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FEA

All *Sund*

1 The
6 The

1 Faſt.
2 The
23 Faſt.
24 St. *A*

24 Faſt
25 St.

17 Patr
19 St. *J*
25 The

23 St. *C*

1 SS.
3 The

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A

CALENDAR

OF

FEASTS AND FASTS.

All *Sundays.*

JANUARY.

1 The *Circumcision*, or *New-Year's Day.* †
6 The *Epiphany*, or *Twelfth-Day.* †

FEBRUARY.

1 Fast.
2 The *Purification*, or *Candlemas-Day.* †
23 Fast.
24 St. *Matthias.*

In a LEAP-YEAR.

24 Fast.
25 St. *Matthias.*

MARCH.

17 Patrick.
19 St. *Joseph.*
25 The *Annunciation*, or *Lady-Day.* †

APRIL.

23 St. *George.*

MAY.

1 SS. *Philip* and *James.*
3 The *Finding of the Cross.*

JUNE

JUNE.

23 Fast.
24 St. *John Baptist.* †
28 Fast.
29 St. *Peter* and St. *Paul.* †

JULY.

24 Fast.
25 St. *James.*
26 St. *Anne.*

AUGUST.

9 Fast.
10 St. *Lawrence.*
14 Fast.
15 *Assumption* of our *Lady.* †
23 Fast.
24 St. *Bartholomew.*

SEPTEMBER.

7 Fast.
8 *Nativity* of our *Lady.* †
20 Fast.
21 St. *Matthew.*
29 *Michaelmas-Day.*

OCTOBER.

27 Fast.
28 SS. *Simon* and *Jude.*
31 Fast.

NOVEMBER.

1 *All Saints-Day.* †
29 Fast.
30 St. *Andrew.*

DECEM-

DECEMBER.

8 The *Conception* of our B. *Lady*. †
20 Faſt.
21 St. *Thomas* Apoſtle.
24 Faſt.
25 *Chriſtmas-Day*. †
26 St. *Stephen*. †
27 St. *John* Apoſtle and Evangeliſt. †
28 *Holy Innocents*.
29 St. *Thomas* of *Canterbury*.
31 St. *Silveſter*, out of the *London Diſtrict*.

In caſe a Holyday *fall upon a* Monday, *its Faſt is to be kept on the* Saturday *before*.

The Days marked thus †, are to be kept from Servile work.

Moveable HOLYDAYS.

Eaſter-Day, with the *two Days* following.
Aſcenſion-Day, on the *Thurſday*, forty Days after *Eaſter*. †
Whit-Sunday, with the *two Days* following.
Corpus-Chriſti Day, being the firſt *Thurſday* after *Trinity*. †

Moveable FASTING-DAYS.

All the Week Days of *Lent*, beginning from *Aſh-Wedneſday*.

Moveable Faſting-Days.

All *Fridays*, except from *Chriſtmas-Day* till after the Octave of *Epiphany*, and between *Eaſter* and *Whitſun-Eve*, and thoſe on which a Feſtival of Obligation falls, unleſs it be in *Lent* or *Ember-Week*.

Ember-Days four Times in the Year, *viz. Wedneſday*, *Friday*, and *Saturday*.

1. Next after the *Firſt Sunday of Lent*.
2. In *Whitſun-Week*.
3. Next after the Fourteenth of *September*, being the *Exaltation* of the *Croſs*.
4. Next after the Thirteenth of *December*, being St. *Lucy*'s Day.

Days of Abſtinence from FLESH, tho' not FASTS.

The *Fridays* above excepted from Faſts.

All *Saturdays*, except thoſe in *Lent*, and thoſe on which *Eves* and *Ember-Days* fall.

All *Sundays* in *Lent*.

The three *Rogation-Days*; viz. *Monday*, *Tueſday*, and *Wedneſday* before *Aſcenſion-Day*.

St. *Mark*'s Day, out of the Dioceſe of *Canterbury*, except it falls in Eaſter-Week.

If *Chriſtmas-Day* falls on *Friday* or *Saturday*, it is not kept with Abſtinence from Fleſh.

Advent

Of *Advent* and *Marriage*.

Advent.

The firſt *Sunday* of *Advent* is always that which either falls on St. *Andrew*'s Day, or the next to it, either before or after; that is, from the 27th of *November*, to the 3d of *December*.

The Time of Marriage.

THE ſolemnizing of Marriage is forbidden from the *Firſt Sunday* of *Advent*, till after *Twelfth-Day*; and from the Beginning of *Lent* till *Low-Sunday*; all other Times it may be ſolemnized.

Neceſ-

Neceſſary RULES for a Chriſtian.

YOU muſt often examine your Thoughts, Words, and Actions, eſpecially after much Buſineſs, Speaking, &c. that you may diſcern and amend your Faults.

Hold your Peace in ſuch Things as belong not to you, and where your Speech is not for the Honour of God, and Good of your Neighbour.

Often call to mind your Life paſt, and what our Saviour Suffer'd for you in every Hour of his.

You muſt live as tho' you had nothing, and yet poſſeſs'd all Things; and remember, that Meat, Drink, and Cloaths, are a Chriſtians Riches.

Offer yourſelf entirely to God; and tho' you have nothing to requite his Favours with, but yourſelf, you will be comforted when you conſider that He gives All, that gives Himſelf. *The Apoſtles left their poor Boats and Nets, and received for them a moſt ample Reward. The poor Widow gave only two Mites, and her Oblation was preferred before thoſe of the richeſt Perſons.*

He eaſily parts with all Things, who always conſiders that he muſt die, and be taken from them.

In publick Aſſemblies uſe no extravagant or unuſual Geſtures, but in all Things obſerve a great Modeſty and Diſcretion.

In all Things deſire and prefer that which conduceth moſt to the Service and Glory of God: As

to

To comfort the Afflicted, reconcile ſuch as are at Variance, viſit the Sick, and ſuch as are in Priſon, and relieve the Poor.

Never go to Bed with any Diſquiet on your Mind, but endeavour to Pacify your Conſcience by Confeſſion or an Act of Contrition, if there be Occaſion for it.

Every Month at leaſt Confeſs your Sins, often make Acts of Contrition, and daily uſe Aſpirations, or Ejaculatory Prayers, that ſo you may prevent the Deceits of the Devil.

THE LORD'S PRAYER.

The Lord's Prayer.

OUR Father, who art in Heaven, Hallowed be thy Name: Thy Kingdom come: Thy Will be done on Earth, as it is in Heaven: Give us this Day our Daily Bread: And forgive us our Treſpaſſes, as we forgive them that treſpaſs againſt us: And lead us not into Temptation. But deliver us from Evil. *Amen.*

HAIL *Mary*, full of Grace; our Lord is with thee: Bleſſed art thou among Women; and bleſſed is the Fruit of thy Womb, *Jeſus*. Holy *Mary*, Mother of God, pray for us Sinners, now, and at the Hour of our Death. *Amen.*

The Apoſtles Creed.

I Believe in God the Father Almighty, Creator of Heaven and Earth; and in *Jeſus Chriſt*, his only Son our Lord; who was conceived by the Holy Ghoſt, born of the Virgin *Mary*, ſuffered under *Pontius Pilate*; was crucified, dead, and buried; deſcended into Hell; the third Day he roſe again from the Dead; aſcended into Heaven; ſits at the Right-hand of God the Father Almighty; from thence he ſhall come to judge the Living and the Dead. I believe in the Holy Ghoſt, the Holy Catholick Church, the Communion of Saints, the Forgive-

Forgiveneſs of Sins; the Reſurrection of the Body; and the Life everlaſting. *Amen.*

The Ten Commandments.

I Am the Lord thy God, who brought thee out of the Land of *Egypt*, and out of the Houſe of Bondage.

I. Thou ſhalt not have ſtrange Gods before me: Thou ſhalt not make to thyſelf a graven Thing, nor the Likeneſs of any Thing that is in Heaven above, or in the Earth below, or of Things that are in the Water under the Earth: Thou ſhalt not adore nor worſhip them. I am the Lord thy God, ſtrong and jealous, viſiting the Sins of the Fathers upon their Children, to the third and fourth Generation of them that hate me; and ſhewing Mercy to Thouſands of thoſe that love me, and keep my Commandments.

II. Thou ſhalt not take the Name of the Lord thy God in vain; for our Lord will not hold him guiltleſs that takes his Name in vain.

III. Remember that thou keep Holy the Sabbath-Day.

IV. Honour thy Father and Mother.

V. Thou ſhalt not kill.

VI. Thou ſhalt not commit Adultery.

VII. Thou ſhalt not ſteal.

VIII. Thou ſhalt not bear falſe Witneſs againſt thy Neighbour.

IX. Thou ſhalt not deſire thy Neighbour's Wife.

X. Thou ſhalt not covet thy Neighbour's Goods.

An

An EXERCISE

For the MORNING.

†

IN the Name of the Father, and of the Son, and of the Holy Ghoſt. *Amen.*

Bleſſed be the Holy and undivided Trinity, now and for ever. *Amen.*

Our Father, *&c.*

Hail *Mary*, *&c.*

I believe in God, *&c.*

I Confeſs to Almighty God, to the bleſſed Virgin *Mary*, to bleſſed *Michael* the Archangel, to bleſſed *John* the *Baptiſt*, to the Holy Apoſtles *Peter* and *Paul*, and to all Saints, that I have grievouſly ſinned in Thought, Word and Deed, thro' my Fault, thro' my Fault, thro' my exceeding great Fault: Therefore I beſeech the bleſſed Virgin *Mary*, bleſſed *Michael* the Archangel, bleſſed *John* the *Baptiſt*, the Holy Apoſtles *Peter* and *Paul*, and all the Saints to pray to the Lord God for me.

The great and glorious Lord of Heaven and Earth have Mercy on me, forgive me my Sins, and bring me to everlaſting Life. *Amen.*

May the Almighty and moſt merciful God give me Pardon, Abſolution, and full Remiſſion of all my Sins. *Amen.*

O Lord God Almighty, who haſt cauſed u to come to the Beginning of this Day, fav us this Day by thy Power, that this Day w fall into no Sin, but that all our Words ma proceed, all our Thoughts and Works be di rected to do thy Juſtice, thro' our Lord Jeſu Chriſt. *Amen.*

O my God, I offer up to thee all my Thought Words, and Actions of this Day, and of my whole Life. Give me Grace, O Lord, to do what thou commandeſt, and command wha thou pleaſeſt.

Give me Grace to ſuffer what thou permitteſt, and permit what thou pleaſeſt.

The Bleſſing of God Almighty, Father Son, and Holy Ghoſt, deſcend upon me, and dwel in my Heart for ever. *Amen.*

A Devout Recommendation, which may be uſe every Morning, or at any other Time.

I Adore and glorify thee, O bleſſed Trinity, God Almighty, Father, Son, and Holy Ghoſt; I offer myſelf to thy divine Majeſty, humbly beſeeching thee to take from me, and from all thy Faithful, whatever diſpleaſeth thee, and give us that which is grateful in thy Sight. Grant that we may here do what thou commandeſt, and hereafter receive what thou promiſeſt.

To thee, O Lord, I commend my Soul and Body, *(my Wife and Children, my Father and Mother,*

Mother, my Brother and Sisters) my Kinsfolk and Benefactors, my Friends and Familiars, all my Nearest and dearest Relations, and all those for whom I am any ways bound to offer up my Prayers. To thee I commend the Holy Catholick Church. To thee I commend this Kingdom, and our gracious Sovereign. Grant, O Lord, that all may know thee, all may honour and reverence thee, all may love thee, and be loved by thee. Reduce those that err, and bring them again into the Way; abolish Heresies, convert all to the true Faith, who as yet do not know thee. Grant us, O Lord, thy Grace, and keep us in thy Peace; may thy holy Will be done, and not ours. Comfort all those that lead their Lives in Sorrow, Misery, or Temptations, and mercifully relieve them in their Afflictions, whether Spiritual or Corporal. Lastly, I commend all universally to thy holy Protection, that thou wouldest vouchsafe to the Living Forgiveness of their Sins, and to the Souls departed everlasting Rest. *Amen.*

The Litany of our blessed Saviour Jesus.

†

LORD, have Mercy on us.
Christ, have Mercy on us.
Lord, have Mercy on us.
Jesus, receive our Prayers.
Lord Jesus, grant our Petitions.

O God, the Father, Creator of the World,
O God, the Son, Redeemer of Mankind,
O God the Holy Ghoſt, Perfecter of the Elect,
Holy Trinity, one God,
Jeſus, Son of the living God,
Jeſus, the expreſs Image of thy Father's Glory.
Jeſus, the bright Ray of eternal Light,
Jeſus, the increated Wiſdom, by whom all Things are governed.
Jeſus, the eternal Word, made Man for our Redemption,
Jeſus, moſt bleſſed Son of the Virgin *Mary*,
Jeſus, moſt powerful,
Jeſus, moſt glorious,
Jeſus, moſt humble and meek,
Jeſus, moſt penitent and obedient,
Jeſus, moſt chaſte and holy,
Jeſus, Lover of Poverty,
Jeſus, Lover of Peace,
Jeſus, Lover of us ungrateful Sinners,
Jeſus, who cameſt down from Heaven to teach us with thy own ſacred Mouth the Truths of Salvation,
Jeſus, who converſedſt ſo long on Earth, to ſhew us by thy own holy Example the Way to Heaven,
Jeſus, who diedſt even the Death of the Croſs, to take off our Averſion from ſuffering,

Have Mercy on us.

ing, and teach us to endure all Things for everlasting Happiness,

Jesus, who didst ascend into Heaven, to confirm our Belief, and raise our Affections to the sure Joys of Eternity,

Jesus, Author of our Faith, and Finisher of our Hope,

Jesus, supreme Object of our Love and overflowing Safety of all our Desires,

Jesus, our God, blessed for ever,

Have Mercy on us.

Have Mercy, *And spare us, O Jesus.*

Have Mercy, *And hear us, O Jesus.*

From all Evil,

From all Sin,

From everlasting Death,

By the Mystery of thy holy Incarnation and humble Nativity,

By the Sanctity of thy heavenly Doctrine and miraculous Life,

By the Merits of thy bitter Passion and all-reviving Death,

By the Joys of thy victorious Resurrection and triumphant Ascension,

By the Glory of thy eternal Kingdom and incomprehensible Majesty,

Jesus, deliver us,

We Sinners, *beseech thee hear us.*

That it would please thee to protect and govern thy holy Church, which thou hast purchased with thy precious Blood, *We beseech thee hear us.*

That, looking continually on thy admirable

Life, we may faithfully endeavour to follow thy Steps, *We beſeech thee hear us.*

That, denying all vicious and Inordinate Inclinations, we may live ſoberly, juſtly, and piouſly, *We beſeech thee hear us.*

That through thy Love the World may be crucified to us, and we to the World, *We beſeech thee hear us.*

That whatſoever we aſk in thy holy Name, we may receive through thy infinite Merits, *We beſeech thee hear us.*

Son of God, *We beſeech thee hear us.*

Lamb of God, that takeſt away the Sins of the World, *Spare us, O Jeſus.*

Lamb of God, that takeſt away the Sins of the World, *Hear us, O Jeſus.*

Lamb of God, that takeſt away the Sins of the World, *Have Mercy on us.*

Lord, have Mercy on us.

Chriſt, have Mercy on us.

Lord, have Mercy on us.

Our Father, *&c.*

The Antiphone.

EVery Day will we repeat thy Perfections, O glorious Jeſus, that every Day we may grow in our Eſteem of thee. Every Day will we attentively compute thy Mercies, that every Day we may increaſe in thy Love.

Verſ. All that we have and are, we received from thy Grace. *Allelujah.*

Reſ. All we deſire and hope, we expect in thy Glory. *Allelujah.* *Verſ.*

Verſ. O Lord, hear my Prayer.

Reſp. And let my Supplication come unto hee.

Let us pray.

ALmighty God, and moſt merciful Saviour, the Light of this World, and Glory of the ext; vouchſafe, we beſeech thee, to illuminate ur Underſtanding, and inflame our Wills, and anctify all the Faculties of our Souls, that whilſt vith our Lips we recite theſe Prayers, we may nwardly in our Hearts adore thy Perſon, and dmire thy Goodneſs, and conform our Lives o thy holy Example, till at length, by frequent Meditation on the Bliſs thou haſt prepared for s hereafter, we break off our Affections from ll irregular Adherence to this World, and place hem intirely on the Enjoyment of thee, who, vith the Father and the Holy Ghoſt, liveſt and eigneſt one God, World without End. *Amen.*

A Prayer for Perſeverance in Goodneſs.

GRant, O my Lord Jeſus Chriſt, that I may perſevere in good Purpoſes, and in thy oly Service, to my Death; and that I may ow, this preſent Day, perfectly begin, for all have hitherto done is nothing. *Amen.*

A Prayer to our bleſſed Lady.

HAIL, O moſt holy and bleſſed Virgin *Mary*, full of celeſtial Grace, and repleiſhed with Beauty and Comelineſs, of whom, nd by whom, it pleaſed our Saviour Jeſus Chriſt, the

the Son of God, the King of Heaven, the Brightneſs of his Father's Glory, to be born and nouriſhed; obtain for me, O bleſſed Lady, of thy only begotten Son, whatever thou knoweſt to be neceſſary for the Salvation of my Soul. O Holy Mother of God, help my Frailty and Weakneſs; aſſiſt me this Day in all my Calamities, Temptations, and Dangers; but eſpecially at the Hour of Death vouchſafe not to depart from me, that by thy Prayers and Protection I may be ſafe in that laſt and dangerous Battle. *Amen.*

A Prayer to our Guardian Angel.

O Angel of God, to whoſe holy Care I am committed by thy ſupreme Clemency; illuminate, defend, and govern me this Day, in all my Thoughts, Words, and Actions. *Amen.*

Bleſs us, O Lord, and preſerve us from all Evil, and bring us to eternal Life; and may the Souls of the Faithful, through the Mercy of God, reſt in Peace.

A Bleſſing.

THE Peace of our Lord Jeſus Chriſt; the Virtue of his ſacred Paſſion; the Sign of the Holy Croſs; the Purity and Humility of the bleſſed Virgin *Mary*; the Protection of the Angels; and the Interceſſion of all the Saints and Elect of God, be with me, and defend me now and in the Hour of my Death, ſweet Jeſus. *Amen.*

Who

When at Morning, Noon, and Evening, the Sign of the Salutation is given, say,

THE Angel of God declared to *Mary*, and she conceived by the Holy Ghost. Hail *Mary*, *&c.* Behold the Handmaid of the Lord, be it unto me according to thy Word. Hail *Mary*, *&c.* And the Word was made Flesh, and dwelt amongst us. Hail *Mary*, *&c.*

A Prayer.

POUR forth, we beseech thee, O Lord, thy Grace into our Hearts, that we, to whom the Incarnation of Christ thy Son was made known by the Message of an Angel, may, by his Passion and Cross, be brought to the Glory of his Resurrection, through the same Christ our Lord. *Amen.*

May the Souls of the Faithful, through the Mercy of God, rest in Peace. *Amen.*

In going forth of your House, say.

SHEW me, O Lord, thy Ways, and teach me thy Paths. Direct my Steps according to thy Word, that no Injustice rule over me. Make perfect my Goings in thy Paths, that my Steps be not moved.

Grace before Meat.

BLESS us, O Lord, and these thy Gifts, which of thy Bounty we are about to receive, through Christ our Lord. R. *Amen.*

Grace after Meat.

WE give thee Thanks, Almighty God, for all thy Benefits, who livest and reignest, World without End. R. *Amen.*

VOuchsafe, O Lord, for thy Name's Sake, to render all our Benefactors Life everlasting. R. *Amen.*

Vers. May the Souls of the Faithful, thro' the Mercy of God, rest in Peace. R. *Amen.*

Prayers to be said at Night before going to Bed.

†

IN the Name of the Father, and of the Son, and of the Holy Ghost. *Amen.*

Blessed be the holy and undivided Trinity, now and for ever. *Amen.*

Our Father, &c.

Hail Mary, &c.

I believe in God, &c.

O Eternal, Infinite and Almighty God, whose Glory the Heaven of Heavens is not able to contain, look down upon thy unworthy Servant, prostrate at the Feet of thy Mercy, and humbly confessing to thee, in the Sight of all thy Holy Angels and Blessed Saints, the Sinfulness and Vanity of my Life, but especially the transgressions of this Day, by which I have so lately offended thy Majesty, and so grievously wounded my own Soul.

I confess to Almighty God, to the Blessed Virgin *Mary*, to blessed St. *Michael* the Archangel, to blessed St. *John Baptist*, to the holy Apostles St. *Peter* and St. *Paul*, and to all the Saints, that

hat I have grievouſly ſinned in Thought, Word, nd Deed, through my Fault, through my Fault, hrough my exceeding great Fault.

Here examine diligently what Sins you may have fallen into this Day, by Thoughts, Word, Deed, or Omiſſion; and humbly confeſſing them, ſay,

OF theſe, and all other my Sins, I moſt earneſtly repent, and am heartily ſorry for very Thought, Word, and Deed, by which I ave diſpleaſed the Eyes of thy Glory, and prooked thy Wrath and Indignation againſt me; ſpecially for my Diſobedience to ſo holy a Lord, nd extreme Ingratitude to ſo gracious and bounful a God. O Lord, I acknowledge that I ave not merited the leaſt of thy Mercies, but ave deſerved the greateſt of thy Judgments; ut thou haſt revealed thyſelf to be a God of ity and Compaſſion, forgiving the Iniquities of uch as truly repent, and abſolving all thoſe that oluntarily condemn themſelves: Whereof, with penitent and contrite Heart, I freely confeſs he Guiltineſs of my own Conſcience, and humly offer theſe Prayers, *&c.* to thee for my Peance.

An act of Contrition.

O My God who art infinitely good, and always hateſt Sin, I beg pardon from the ottom of my Heart, for all my offences againſt hee: I deteſt them all, and am heartily Sorry or them, becauſe they offend thy infinite goodneſs;

neſs; and I beg I may rather die than be guil of them any more.

Say ſome Prayers, and do ſome other pious Acts f your Penance; then ſay,

BUT ſince my Unworthineſs and many Im perfections moſt juſtly diſcourage me fro preſuming on my own Performances, and th Riches of thy Mercy have provided for us Multitude of acceptable Interceſſions; therefo I beſeech the bleſſed Virgin *Mary*, the bleſſe St. *Michael* the Archangel, the bleſſed St. *Joh Baptiſt*, the holy Apoſtles St. *Peter* and St. *Pau* and all the Saints in Heaven, to pray to Go for me.

The great and glorious Lord of Heaven an Earth have Mercy on me, forgive me my Sin and bring me to everlaſting Life. *Amen.*

May the Almighty Hand of our merciful Go give me Pardon, Abſolution, and full Remiſſio of all my Sins. *Amen.*

The LITANIES of our Bleſſed LADY of LORET TO, ſo called, becauſe they are uſually Sun in that ſacred Church of LORETTO on a Saturdays in the Year, and Feſtivals of th Bleſſed VIRGIN MARY.

ANTHEM.

WE fly to thy Patronage, (O ſacred Mo ther of God) deſpiſe not our Prayers i ou

ur Neceſſities, but deliver us from all Dangers,
O ever-glorious and bleſſed Virgin.
Lord, have Mercy on us.
Chriſt, have Mercy on us.
Lord, have Mercy on us.
Chriſt, hear us.
Chriſt, graciouſly hear us.
God the Father of Heaven, *Have Mercy on us.*
God the Son, Redeemer of the World, *Have Mercy on us.*
God the Holy Ghoſt, *Have Mercy on us.*
O holy Trinity, one God, *Have Mercy on us.*
Holy *Mary*,
Holy Mother of God,
Holy Virgin of Virgins,
Mother of Chriſt,
Mother of Divine Grace,
Mother moſt pure,
Mother moſt chaſte,
Mother undefiled,
Mother untouched,
Mother moſt amiable,
Mother moſt admirable,
Mother of our Creator,
Mother of our Redeemer,
Mother moſt prudent,
Mother moſt venerable,
Virgin moſt renowned,
Virgin moſt powerful,
Virgin moſt merciful,

Pray for us,

Virgin moſt faithful,
Mirror of Juſtice,
Seat of Wiſdom,
Cauſe of our Joy,
Spiritual Veſſel,
Veſſel of Honour,
Veſſel of ſingular Devotion,
Myſtical Roſe,
Tower of *David*,
Tower of Ivory,
Houſe of Gold,
Ark of the Covenant,
Gate of Heaven,
Morning Star,
Health of the Weak,
Refuge of Sinners,
Comfort of the Afflicted,
Help of Chriſtians,
Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apoſtles,
Queen of Martyrs,
Queen of Confeſſors,
Queen of Virgins,
Queen of all Saints,

Pray for us.

Lamb of God, who takeſt away the Sins of the World, *Spare us, O Lord.*

Lamb of God, who takeſt away the Sins of the World, *Hear us, O Lord.*

Lamb

Lamb of God, who takeſt away the Sins of the World, *Have Mercy on us.*

Anthem.

WE fly to thy Patronage, (O ſacred Mother of God) deſpiſe not our Prayers in our Neceſſities, but Deliver us from all Dangers, O ever-glorious and bleſſed Virgin.

Verſ. Pray for us, O holy Mother of God.

Reſp. That we may be made worthy of the Promiſes of Chriſt.

Let us pray.

POur forth, we beſeech thee, O Lord, thy Grace into our Hearts, that we, to whom the Incarnation of Chriſt thy Son was made known by the Meſſage of an Angel, may by his Paſſion and Croſs be brought to the Glory of his Reſurrection: Thro' the ſame Chriſt our Lord. *Amen.*

Verſ. May the Divine Aſſiſtance remain always with us.

Reſp. Amen.

Verſ. And may the Souls of the Faithful, through the Mercy of God, reſt in Peace.

Reſp. Amen.

A Prayer to our Guardian Angel.

O Angel of God, to whoſe holy Care I am committed by thy ſupreme Clemency, illuminate, defend and govern me this Night from all Sin and Danger. *Amen.*

The Bleſſing.

GOD the Father bleſs me, Jeſus Chriſt de fend and keep me, the Virtue of the Hol Ghoſt enlighten and ſanctify me this Night an for ever. *Amen.*

Into thy Hands, O Lord, I commend my Spi rit: Lord Jeſus, receive my Soul.

When you go to Bed, ſay,

IN the Name of our Lord Jeſus Chriſt cruc fied, I lay me down to reſt; bleſs me, Lord, defend me and govern me, and, after th ſhort and miſerable Pilgrimage, bring me to e verlaſting Happineſs. *Amen.*

An excellent Method of hearing MASS.

Sign yourſelf with the Prieſt with the Sign of t Croſs, and ſay as follows;

†

IN the Name of the Father, and of the Son and of the Goly Ghoſt. *Amen.*

I will draw near to thy Altar, O my God there to gain new Strength and Vigour to m Soul, and by thy Grace ſeparate me from thoſ Unbelievers who have no Truſt in thee.

That Grace which comforts me when the Re membrance of my Sins afflict and caſt me down

That Grace which lets me know there's an e verlaſting Refuge in thy Goodneſs, and that tho art ready to forgive, even our greateſt Sins, upo a ſincere Repentance.

Th

The Prieſt bowing down, ſays the Confiteor *before he goes up to the Altar; ſay it with him as follows.*

I Confeſs to Almighty God, to the bleſſed Virgin *Mary*, to the bleſſed *Michael* the Archangel, to the bleſſed *John Baptiſt*, the holy Apoſtles *Peter* and *Paul*, to all the Saints, and to you Father, that I have very much ſinned in Thought, Word, and Deed, thro' my Fault, thro' my Fault, thro' my moſt grievous Fault. Therefore I beſeech the bleſſed Virgin *Mary*, bleſſed *Michael* the Archangel, bleſſed *John Baptiſt*, the holy Apoſtles *Peter* and *Paul*, and all the Saints, and you Father, to pray for me to our Lord God.

The Pſalm Judica me Deus *or Part of the Maſs from the Beginning to the* Confiteor; *as alſo the* Gloria in Excelſis Deo *and* Creed, *are not ſaid by the Prieſt in Maſſes for the Dead, and at ſome other Times; which you may paſs over as you find he does.*

After the Confiteor, *ſay,*

O My God, who haſt commanded us to pray one for another, and in thy holy Church haſt given, even to Sinners, the Power of abſolving from Sin, receive with equal Bounty the Prayers of thy People for the Prieſt, and thoſe of thy Prieſt for the People.

We beſeech thee, O Lord, by the Merits of

thoſe Saints, whoſe Relics are here, and of all the Saints, that thou would'ſt vouchſafe to forgive me all my Sins. *Amen.*

When the Prieſt goes firſt to the Book, and ſays the Part of the Maſs call'd the Introit, *ſay,*

GRANT, Lord, we may be truly prepared for the Offering of this great Sacrifice to thee this Day; and becauſe our Sins alone can render us diſpleaſing to thee, therefore we call aloud to thee for Mercy.

At the Kyre Eleiſon, *ſay,*

HAVE Mercy on me, O Lord, and forgive me all my Sins.

Have Mercy on me, O Lord, have Mercy on me.

At the Gloria in Excelſis Deo, *ſay,*

GLORY be to God on High, and Peace on Earth to Men of good Will. We praiſe thee, we bleſs thee, we adore thee, we glorify thee, we give thee Thanks for thy great Glory. Lord God, Heavenly King, Father Almighty. Lord *Jeſus Chriſt*, the only begotten Son. Lord God, Lamb of God, Son of the Father, who takeſt away the Sins of the World, hear our Prayers: Who ſitteſt at the right Hand of the Father, hear our Prayers: Who ſitteſt at the right Hand of the Father, have Mercy on us. For thou only art Holy, thou only art our Lord, thou only, O *Jeſus Chriſt*, together with the Holy

Holy Ghoſt, art moſt High, in the Glory of God the Father. *Amen.*

When the Prieſt turns to the People, and ſays Dominus Vobiſcum, *ſay,*

BE thou always with us, O my God, and let thy Grace never depart from us.

Here the Prieſt ſays the Collects, *or Prayers for the Day, ſay then,*

ALmighty and eternal God, we humbly beſeech thee, mercifully to give Ear to the Prayers of thy Servant, which he offers thee in the Name of thy Church, and in behalf of us thy People: Accept them to the Honour of thy Name, and Good of our Souls; and grant us all thoſe Bleſſings which may any Ways contribute to our Salvation. Thro' our Lord *Jeſus-Chriſt. Amen.*

The Epiſtle *following, ſay,*

BE thou, O Lord, eternally praiſedand bleſſed, for having communicated to the holy Prophets and Apoſtles thy Spirit, diſcloſing to to them admirable Secrets, redounding to thy Glory and our great Good. We firmly believe their Word, becauſe it's thine. Give us, we beſeech thee, the Happineſs to underſtand from the Church, by their Inſtructions, what is profitable, and Grace to practiſe the ſame all our Lives.

What

What follows is called the Gradual; *ſay,*

HOW wonderful, O Lord, is thy Nam thro' the whole Earth! I will bleſs ou Lord at all Times; his Praiſe ſhall be ever i my Mouth. Be thou my God and my Protec tor; In thee alone will I put my truſt, let m not be confounded for ever.

At the Goſpel, *when the People riſe up, ſay,*

BE ever adored and praiſed, O Lord, w art not content to inſtruct and inform us b thy Prophets and Apoſtles, but haſt even vouch ſafed to ſpeak to us by thy only Son our Savi our *Jeſus Chriſt*, commanding us by a Voic from Heaven to hear him: Grant us, merciful God, the Grace to profit by his Divine and Heavenly Doctrine. All that is written of thee, dread *Jeſus*, in thy Goſpel, is Truth itſelf; nothing but Wiſdom in thy Actions, Power and Goodneſs in thy Miracles, Light and Inſtruction in thy Words. With thee, ſacred Redeemer are Words of eternal Life: To whom ſhall we go, but to thee, eternal Fountain of Truth. Give me, O God, Grace to practiſe what thou commandeſt and command what thou pleaſeſt.

At the Creed, *beginning* Credo in unum Deum, *ſay,*

I Believe, O Lord, all thou haſt taught me by thy Holy Church: In this Faith, by the Aſſiſtance of thy Grace, I deſire to live and die:

By

By thy Divine Grace I am convinced of the Sincerity and Wiſdom of thoſe who have deliver'd theſe ſacred Truths to us. Their miraculous Succeſs is a ſufficient Proof. Where ſhall I go my Lord? Thou haſt the Words of eternal Life. Of thy Truth thus deliver'd, my Reaſon and Will ſhall never doubt, tho' my Senſes and vain Imaginations ſhould. I believe, O Lord, help my Unbelief.

At the Offertory, *when the Prieſt uncovers the* Chalice,

ACCEPT, O holy Father, Almighty and eternal God, this unſpotted Hoſt, which I thy unworthy Servant offer thee, my living and true God, for my innumerable Sins, Offences, and Negligences, and for all here preſent, and for all faithful Chriſtians, living and dead, that it may avail me and them to Life everlaſting: *Amen.*

At the Offering of the Chalice, *ſay,*

WE offer thee, O Lord, the Chalice of Salvation, beſeeching thy Clemency, that it may aſcend before thy Divine Majeſty, as a ſweet Perfume, for our Salvation, and for that of the whole World.

Accept us, O Lord, in the Spirit of Humility, and a contrite Heart; and ſo may our Sacrifice be made this Day in thy Sight, that it may be pleaſing to thee, O Lord God.

When

When the Prieſt waſhes his Fingers at the Corner of the Altar, ſay,

THOU, Lord, who once vouchſafedſt to waſh thy Diſciples Feet before their Invitation to thy holy Table, waſh us alſo, we beſeech thee, O Lord, and waſh us again; not only our Feet and Hands, but our Hearts, our Deſires, our Souls, that we may be wholly innocent and pure.

Go on, and ſay,

RECEIVE, O holy Trinity, this Oblation we make thee, in Memory of the Paſſion, Reſurrection and Aſcenſion of our Lord *Jeſus Chriſt*; and in Honour of the ever bleſſed Virgin *Mary*; of bleſſed *John Baptiſt*; of the holy Apoſtles *Peter* and *Paul*; of theſe, and of all the Saints; that it may be available to their Honour and our Salvation. And may they vouchſafe to intercede for us in Heaven, whoſe Memory we celebrate on Earth. Through the ſame *Chriſt* our Lord. *Amen.*

When the Prieſt turns about and ſays, Orate Fratres, *ſay,*

MAY our Lord receive this Sacrifice from thy Hands, to the Praiſe and Glory of his Name, for our Good, and the Benefit of his whole Church.

At the Secreta, *or when the Prieſt is ſaying the Prayers in the Book proper for the Day, in a low Voice, ſay,*

Mercifully

MErcifully hear our Prayers, O Lord, and graciouſly accept this Oblation, which e thy Servants are making to thee, that as we ffer it to the Houour of thy Name, ſo it may e to us here a Means of obtaining thy Grace, nd in the next Life everlaſting Happineſs. *men.*

Vhen the Prieſt ſays in a loud Voice, Per omnia ſæcula ſæculorum, *ſay,*

T is verily meet and juſt, right and available to Salvation, that we always and in all Pla- es give thanks to thee, holy Lord, Father Al- ighty, eternal God, thro' *Chriſt* our Lord; by hom the Angels praiſe thy Majeſty, the Do- inations adore it, the Powers tremble before it, he Heavens and heavenly Virtues, and bleſſed eraphims with common Jubilee glorify; toge- her with whom we beſeech thee, that we may e admitted to join our Voices, ſaying in an umble Menner.

Holy, Holy, Holy, Lord God of Sabaoth; he Heavens and Earth are full of thy Glory.

Hoſanna in the Higheſt. Bleſſed is he that omes in the Name of our Lord. Hoſanna in he Higheſt.

Vhat follows is call'd the, Canon *of the* Maſs, *ſay then,*

MOST merciful Father, who haſt given us thy only Son to be our daily Sacrifice, ncline thy Ears to our Prayers, and favour our Deſires;

Deſires; protect, unite and govern thy holy Church, throughout the whole World, pour forth thy Bleſſing on his preſent Holineſs, that Prelate who has a particular Charge over us, our King, and all true Profeſſors of the Catholick Faith.

Whilſt the Prieſt makes his Memento *or* Commemoration *for the Living, ſtanding with his Hands join'd before his Breaſt, make your* Memento, *parying in particular for yourſelf, and Friends,* &c. *as follows;*

I Offer thee, O eternal Father, with this thy Miniſter at the Altar, this Oblation of the Body and Blood of thy only Son, to thy Honour and Glory; in Remembrance of my Saviour's Paſſion, in Thankſgiving for all thy Benefits, in Satisfaction for all my Sins, and for the Obtaining thy Grace, whereby I may be enabled to live virtuouſly and die happily. I deſire thee likewiſe to accept it, O God, for my Parents, (*if alive*) Friends and Benefactors; grant them all Bleſſings, Spiritual and Temporal. I offer it up alſo (*Here name the particular Intention you would offer it up for; as, for obtaining this Virtue, overcoming that Vice; for Bleſſings, ſuch as Health,* &c.) Likewiſe for all that are in Miſery; for thoſe I have any ways injured in Word or Deed; for all my Enemies; for the Converſion of Sinners, and Enlightening all that ſit in Darkneſs. Pour forth thy Bleſſings on all, according

cording to their different Neceſſities, thro' the Merits of thy only Son. our Lord.

Proceed, and ſay,

GIVE Ear, we beſeech thee, to the Prayers of thy Servant, who is here appointed to make this Oblation in our Behalf, and grant it may be effectual for the Obtaining all thoſe Bleſſings which we aſk for us.

Behold, O Lord, we all here preſent to thee in this Bread and Wine the Symbols of our perfect Union. Grant, O Lord, that they may be made for us, the true Body and Blood of thy dear Son, that being conſecrated to thee by this holy Victim, we may live in thy Service, and depart this Life in thy Grace.

At the Elevation, *or lifting up of the ſacred Hoſt and Chalice, in Memory of* Chriſt *being lifted up on the Croſs: And firſt of the* Hoſt, *ſay,*

MOST admirable Body, I adore thee with all the Powers of my Soul. Lord, who haſt given thyſelf entire to us, grant we may become entirely thine. I believe, O Lord help my Unbelief.

Moſt merciful Saviour, be thou my Protector, ſtrengthen and defend me by thy heavenly Grace, now, and eſpecially at the Hour of my Death, ſweet *Jeſus. Amen.*

At the Elevation *of the Chalice, ſay,*

MOST adorable Blood, that waſhes away all our Sins, I adore thee: Happy we, if

we can return our Life and Blood for thine.

O *Jeſus*, do thou cleanſe, ſanctify and preſerve our Souls to eternal Life. Live *Jeſus* in us, and we in thee. *Amen.*

After the Elevation, *ſay,*

'TIS now, O Lord, with grateful Hearts we call to mind the ſacred Myſteries of thy Paſſion and Death, thy Reſurrection and Aſcenſion. Here is thy Body that was broken; here is thy Blood that was ſhed for us, of which theſe exterior Signs are but the Figures, and yet in reality contain the Subſtance. It is now we truly offer thee, O Lord, that pure and holy Victim, which thou haſt been pleaſed to give us; of which all the other Sacrifices were but ſo many Types and Figures.

Whilſt the Prieſt makes his Memento *or* Commemoration *for the Dead, ſtanding in ſilence with his Hands join'd before his Breaſt, make your* Memento *thus,*

I Offer thee again, O Lord, this holy Sacrifice of the Body and Blood of thy only Son, in Behalf of the Faithful departed, and in particular for the Souls of (*here name whom you chiefly propoſed to pray for*) my Parents (*if dead*) Relations, Benefactors, Neighbours, &c. Likewiſe of ſuch as I have any Ways injured, or been the Occaſion of their Sins; of ſuch as have injur'd me, and been my Enemies; of ſuch as die in War,

War, or have none to pray for them, &c. To theſe, O Lord, and to all that reſt in Chriſt, grant, we beſeech thee, a Place of Refreſhment, Light and Peace, thro' the ſame Chriſt our Lord. *Amen.*

When the Prieſt ſtrikes his Breaſt, and in a loud Voice ſays, Nobis quoque Peccatoribus, *ſay,*

VOuchſafe to grant the ſame one Day to us, poor and miſerable Sinners as we are, and judge us not according to our Demerits; but through the infinite Multitude of thy Mercies, in which we hope liberally extend to us thy Grace and Pardon.

We ask it of thee, in the Name of thy dear Son, who lives and reins eternally with thee, and in that Form of Prayer which he himſelf hath taught us.

At the Pater noſter, *or* Our Father, *ſay it with the Prieſt as follows,*

OUR Father, who art in Heaven, hallowed be thy Name; thy Kingdom come; thy Will be done on Earth, as it is in Heaven; give us this Day our daily Bread; and forgive us our Treſpaſſes, as we forgive them that treſpaſs againſt us; and lead us not into Temptation: But deliver us from Evil. *Amen.*

Deliver us from thoſe Evils, which we labour under at preſent; from paſt Evils, which can be nothing but our manifold Sins; and from the

Evils to come, which will be the juſt Chaſtiſement of our Offences, if our Prayers, and thoſe more powerful ones of thy Saints, who intercede for us, intercept not thy Juſtice, or excite not thy Bounty.

Here the Prieſt breaking the Hoſt, puts a particle into the Chalice, ſay then,

THY Body was broken, and thy Blood ſhed for us: Grant that the Commemoration of this Holy Myſtery may obtain us Peace: And that thoſe that receive it may find everlaſting Reſt.

At Agnus Dei, *or* Lamb of God, *ſay it with the Prieſt, as follows;*

LAMB of God, who takeſt away the Sins of the World, have Mercy on us.

Lamb of God, who takeſt away the Sins of the World, have Mercy on us.

Lamb of God, who takeſt away the Sins of the World, grant us thy Peace.

At the Prayers before Communion *ſay,*

IN ſaying to thy Apoſtle, my Peace I leave you, my Peace I give you; thou haſt promiſed, O Lord, to all thy Church, that Peace with thee, and Peace with ourſelves.

Let nothing, O Lord, ever interrupt this holy Peace; let nothing ſeparate us from thee, to whom we heartily deſire to be united, through this bleſſed Sacrament of Peace and Reconciliation.

tion. Let this Food of Angels ſtrengthen us in every Chriſtian Duty, ſo as never more to yield under Temptations, or fall into our common Weakneſſes.

At the Domine non ſum dignus *and* Communion, *ſay it with the Prieſt, (with all Humility and Contrition, ſtriking your Breaſt) as follows,*

LORD, I am not worthy thou ſhouldſt enter under my Roof; ſay only the Word, and my Soul ſhall be healed.

Lord, I am not worthy thou ſhouldſt enter under my Roof; ſay only the Word, and my Soul ſhall be healed.

Lord, I am not worthy thou ſhouldſt enter under my Roof; ſay only the Word, and my Soul ſhall be healed.

Whilſt the Prieſt receives, thoſe who did not communicate really, may receive in Spirit and Deſire, by ſaying the following Prayer.

MOST loving *Jeſus*, I adore thee with a lively Faith, who art preſent in this Sacrament by virtue of thy infinite Power, Wiſdom and Goodneſs. But, conſcious of my Infirmities and Sins, I dare not now receive thee ſacramentally. All my Hope is in thee! I love thee, O Lord, with all my Heart, who haſt ſo loved me; and therefore I deſire to receive thee now ſpiritually: Come therefore, O Lord, to me in Spirit, and heal my ſinful Soul. Feed

me that am hungry, comfort me that am weak, enliven and ſanctify me with thy ſacred Body and Blood; deliver me from all Sin, and make me always obedient to thy Commands; and let me never be ſeparated from thee, my Saviour! who with the Father and the Holy Ghoſt liveſt and reigneſt one God, for ever. *Amen.*

During the Ablution, and Wiping the Chalice, ſay,

GIVE us, O Lord, a part in the Fruit of thy Death and Paſſion; the ſacred Memory of which we have commemorated in our preſent Sacrifice and Communion. Happy thoſe who ſit at thy Table to partake of the Bread of Life. O *Jeſu*, my Soul ſighs after thee! I long with thy Apoſtles to be diſſolved, and be with thee. My Heart, and my whole Body, with Tranſports of Joy ſeek the living God.

My Soul languiſhes with ardent Deſire of entering into the Houſe of our Lord. I love thee, O my God, with all my Heart! O that I could always enjoy the Preſence of thy adorable Body, which is the Pledge of our eternal Happineſs. I adore thy Goodneſs, and return thee infinite Thanks, O gracious Lord, for thy ineſtimable Favour and Mercy, in admitting me to be preſent this Day at the dread Sacrifice, where thou art both Prieſt and Victim. Make me, O God, always ſenſible of this great Bleſſing, and let not my Unworthineſs put a Stop to the Effect of thy Mercy and Goodneſs.

When

hen the Chalice is covered the Prieſt goes to the Book and reads the Communion; ſay then,

ET it be now, O Lord, the Effect of thy Mercy, that we who have been preſent at s holy Myſtery may find the Benefit of it in Souls.

the Poſt-Communion, when the Prieſt goes a ſecond Time to the Book; ſay,

WE give thee Thanks, O God, for thy Mercy, in admitting us to have a Part in ering this Sacrifice to thy holy Name: Act it now to thy Glory, and be ever mindful our Weakneſs.

Proceed as follows,

MOST gracious God, Father of Mercy, grant, I beſeech thee, that this adorable rifice of the bleſſed Body and Blood of thy , our Lord *Jeſus Chriſt*, may obtain for us, hy Hands, Mercy, and the Remiſſion of all Sins. *Amen.*

hen the Prieſt turns to the People and gives them he Benediction or Bleſſing, makes the Sign of the Croſs over them with his Hand, make you alſo he Sign of the Croſs; and ſay,

THE Bleſſing of God Almighty, Father, Son and Holy Ghoſt, deſcend upon us and ell in our Hearts for ever. *Amen.*

Here,

Here, while the Prieſt concludes with St. John or the laſt Goſpel, at the Corner of the Altar ſay,

O Eternal Word, ſpeak to my Soul, which adores thee in a profound Silence: Thou art the great Creator of all Things; abandon not I beſeech thee, thy own Creature: Be thou my Life, my Light and my all.

O Light eternal! enlighten me as to this preſent Life, and in the Life to come.

Reign in me as in thine own Inheritance: For thou, O Lord, haſt made me: Thou haſt redeemed me! May I be ever thine.

I have ſinned too much againſt Heaven, and before thee, and am not worthy to be called thy Son.

Thou God Incarnate, have Pity on my frail and mortal Fleſh, and grant it may one Day ſee what it here adores below. *Amen.*

Prayers before Sacramental Confeſſion.

MOST gracious Lord! who of thy infinite Love and Mercy towards Mankind, haſt ordained in thy Church the Sacrament of Penance, as a ſovereign Remedy to heal our ſpiritual Wounds, and purge us from the Uncleanneſs wherewith after Baptiſm we have any way defiled our Souls; look down on me, an unworthy

grateful Sinner, who, having many Ways moſt grievouſly offended thee, purpoſe, through thy Grace, to fly to this Sacrament for my Remedy; and, in Obedience to thy divine Ordinance, confeſs my Sins to thy Servant, hoping thereby, that, according as thou haſt promiſed, I ſhall receive a full and perfect Abſolution from all my Sins.

Give me Grace therefore, O Lord, that as of thy Goodneſs thou haſt inſpired into my Heart this holy Reſolution, ſo I may with due Reverence, Contrition, and Sincerity, accompliſh what I have purpoſed, to the Glory of thy holy Name, and the full Remiſſion of all my Sins. Open the Secrets of my Soul to me, O Lord, and make me know all my Sins and Iniquities. Give me a perfect Sorrow and hearty Contrition for them, and Grace to confeſs them to my ſpiritual Phyſician plainly and entirely, ſincerely and penitently, with a firm and conſtant Reſolution to endeavour the Amendment of my Life for the future.

O Lord my gracious God, the only Comfort of my Soul, ſince thou deſireſt that in all Things I ſhould ſincerely ſerve thee, and I, thro' thy Grace, deſire nothing more than to perform thy Will: How comes it to paſs, O Lord, that I ſtill offend thee? How comes it to paſs that I relapſe ſo often into my former Follies? Thy Grace is not wanting: What then can it be attributed

tributed to, but only to my own Inconſtancy and Perverſeneſs? for which, O Lord, I am moſt heartily ſorry. Often I determine to reſiſt every Temptation, and immediately I am overcome and fail in my good Purpoſe. Juſtly therefore ought I to humble my Soul, and make Account that on Earth there lives not any one who is more infirm or weak than myſelf. Increaſe in me daily thy Grace, and the ſovereign Virtue of Humility, I moſt humbly beſeech thee, that I may perfectly know thee and myſelf, thy Majeſty and Mercy, and my own Abominations and Miſery; that ſo diſtruſting my own Forces, and confiding in thy gracious Help and Favour, I may at length fight more manfully, and gain the Victory over my Enemies, O my only Redeemer and Saviour Jeſus Chriſt, who, with the Father and the Holy Ghoſt, liveſt and reigneſt, one God, for ever. *Amen.*

A TABLE to help our Memory, when we prepare ourſelves for Confeſſion.

Of the Ten Commandments.

Sins againſt the firſt Commandment.

GIVEN to any Creature the Honour due only to God.

Not loved God above all Things.

Doubted in matters of Faith.

Beli

en ignorant of the Creed, the Ten Commandments,
or Precepts of the Church.
urmured againſt God.
anted confidence in God.
eſumed on his Goodneſs.
eferred my Converſion to God.
lieved Dreams, or Tellers of Fortunes.
ne to Witches or Cunning Men for Counſel, or
for the Recovery of Things loſt.
ed Charms or ſuperſtitious Words or Actions, for
the Cure of Diſeaſes, or finding out Things to
come, &c.
ven any Succour or Favour to Hereſy.
ndred any one's Converſion from Hereſy or Schiſm.
ayed ſeldom, or with wilful Diſtractions.

II. Commandment.

AKEN the Name of God in vain.
Blaſphemed God or his Saints.
oken irreverently of holy Things, or prophaned
any Thing relating to Religion.
vorn falſely, raſhly, or in ſlight and trivial Mat-
ters.
rſed myſelf, or others, or any Creature.
oken my Vows.
gered others, ſo far as to make them ſwear, or
blaſpheme God.

III. Commandment.

OT kept holy the Lord's Day, and other Days
commanded to be kept holy.
ught or ſold Things without Neceſſity on that
Day.

Done

Done or commanded some servile Work, not of N
cessity.
Not heard Mass, or been willingly *distracted in t*
Time of Mass.
Talked, gazed, or laughed in the Church.
Not cared to hear Catholick Sermons.
Spent the Day in Dancing, Drinking, Dici
Carding, &c.

IV. Commandment.

NOT honoured my Parents and Superiors.
Despised them, or been ashamed of them.
Spoke Evil of them.
Cursed them, or provoked them to swear or curse.
Not prayed for them.
Deceived or wronged them.
Disobeyed them.
Not succoured my Parents.
Made them sad by my undutiful Behaviour.

Here also Parents and other Superiors are to e
amine themselves, whether they have ta
due Care of their Children or Inferiors.

V. Commandment.

PRocured, desired, or hastened the Death of oth
or my own.
Made Women miscarry.
Borne Hatred or Malice to any one.
Desired Revenge.
Not forgiven.
Refused to speak to others.

Langu

Given provoking Language.
Threatened, or ſtruck others not under my Charge.
Made others fall out.

VI. Commandment.

COmmitted Adultery, Fornication, Inceſt, &c.
Cauſed Pollution in myſelf or others.
Uſed immodeſt Words, Looks, or Geſtures.
Lacivious Dreſſing, or ſuch as might provoke others to Luſt.
Kept lewd Company, gone to immodeſt Plays, lacivious Balls, or Revellings.
Diſhoneſt Books.
Unchaſte Songs.
Kiſſing, or unchaſte Diſcourſes.
Taken Pleaſure in touching myſelf, or others, unchaſtly.
Shewed my Skin, or any naked Part of my Body, to intice others.
Kept immodeſt Pictures, or looked at immodeſt Objects.
Married Perſons ought here to examine themſelves, whether they have not abuſed the Liberty of their State by any Action againſt Nature or Pollutions.

VII. Commandment.

STEALTH.
Cozenage.
Deceit in Buying or Selling, Reckoning, or Gaming.
In the Wares, Prices, Weights or Meaſures.

Bought of such as could not sell.
Taken of such as could not give.
Wilfully damaged another's Goods.
Negligently spoiled them.
Run carelessly into Debt, beyond my Power, or without Purpose of Payment.
Neglect to pay my Debts.
Vexed others by unjust Law-suits.
Not fulfilled my Promises.
Kept that which ought to be restored.

VIII. Commandment.

BORNE false Witness, or told Lyes.
Called one by injurious Names.
Discovered another's secret Sins.
Defamed or lessened the Reputation of others.
Rashly believed evil Reports of them.
Not defended their Reputations.
Sowed Discord between others.
Opened others Letters.
Judged rashly and without Grounds.
Listened to others Talk to an evil End.
Concealed a Truth, to the Detriment of another.

IX. Commandment.

INWARD Concupiscences of the Flesh, that pass no farther than the Mind; as desiring, or willingly taking Pleasure in thinking of immodest Things.
Taken Pleasure in, or not resisted, irregular Motions and Lusts of the Body.

X. Com

X. Commandment.

COVETED wrongfully any Thing that belongs to another.

Not been content with what God hath given me.

Been greedy of the Goods of this World.

Of the Seven Deadly Sins.

I. Pride.

PRIDE, that is, Self-esteem, Self-conceit, being puffed up within one's Self.

Vain-glory, or seeking to be esteemed by others.

Presumption of one's Self, and Disdain or Contempt of others.

Hypocrisy.

Obstinacy in one's own Opinion.

II. Covetousness.

COVETOUSNESS.

Wordly Solicitude.

Want of Pity.

Not given Alms, having wherewith.

Not lent to those in Need.

Not been contented with my own Estate.

III. Luxury, *or* Lust.

OF the Sins of Luxery, see the sixth Commandment.

IV. Anger.

ANGER, or Passion.

Impatience, or Fretfulness.

Rage, or Fury,

Picking of Quarrels.

Imoderate Grieving.

Severe Correcting.

V. Gluttony.

GLUTTONY, or Exceſs in Eating.
Drunkenneſs, Intemperance.
Eating more than one Meal on Faſting-days.
Eating Fleſh on prohibited Days.
Banquetted and feaſted above my Ability.

VI. Envy.

ENVY.
Grieved at another's Proſperity, or to hear them well ſpoken of.
Rejoiced at their Hurt.
Diſpraiſed their Merchandize.
Interpreted their Doings, or Sayings, in the Worſt Senſe.

VII. Sloth.

SLOTH.
Indevotion.
Idleneſs, or Lazineſs.
Overmuch ſeeking my own Eaſe.
Been inconſtant in good Purpoſes.
Neglected Things given me in Charge.
Been ungrateful to God for his Benefits.
Unthankful to my Friends and Benefactors.
Choſen rather to want, than to work or labour for my Living.
Not prayed for the Living and the Dead.

IN all which we may not only ſin ourſelves, but alſo be acceſſary to another's Sin, either by commanding, counſelling, conſenting to, or approving; by not endeavouring to hinder, by not admoniſhing, and, laſtly, by evil Example.

The

The Form and Manner of Confession.

First make the Sign of the Cross; then say,

Pray Father give me your Blessing.

After this say the *Confiteor*, &c. to *mea culpa*, *through my Fault*, &c.

Then say,

I Confess to Almighty God, and to you my Ghostly Father, that since my last Confession *(which was so long ago)* I have divers Ways offended Almighty God.

Here accuse yourself of all the Sins which you can well call to Mind, according to the Order of God's Commandments; specifying, as near as you can, the Number of Times which you have been guilty of each Sin. Then, by Way of Conclusion, say,

For all these, and whatever else I cannot at this present call to Mind, I ask Pardon of Almighty God, and Penance and Absolution of you my Ghostly Father.

Make an end, saying, Ideo precor, *&c. or* Therefore I beseech, *&c.*

A Prayer at the Receiving Absolution.

O Merciful God, as at the Words of the Angel the Chains fell off from the Feet of St. *Peter*, and he immediately was restored to Liberty; so grant that, by the Words of this holy Sacrament, pronounced by the Priest, the Chains of my Sins may be loosed, and all my Offences pardoned. *Amen.*

Jesus, Son of *David*, have Mercy on me.

Thou, who ſufferedſt for me, have Mercy on me.

God be merciful to me a Sinner.

Prayers after Confeſſion.

O God of Mercy and Pity, having now, through thy gracious Goodneſs, diſburdened my Conſcience of the Guilt wherewith it was oppreſſed, and, in the humbleſt Manner I was able, diſcovered all the Sins I could poſſibly think of to thy Miniſter, my Ghoſtly Father: I moſt humbly beſeech thee to accept this Confeſſion, and forgive me all my Treſpaſſes, as well ſuch as I forgot, as thoſe which I remembred.

Grant me Grace, O Lord, to live more carefully and diligently hereafter, and to abſtain from my former Follies, which I utterly deteſt, firmly purpoſing, through thy Grace, never any more to offend in them; eſpecially, O my merciful and moſt bountiful Saviour, give me Grace to withſtand thoſe Temptations wherewith I am moſt grievouſly infeſted, [*here they are to be mentioned*] as alſo to avoid all the Occaſions of offending thee for the future.

The juſt Man falls ſeven Times a Day, much more then ſhall I fall, O my Lord, having, thro' my own Frailty and vicious Cuſtoms, increaſed the Wickedneſs and Blindneſs which I received from my Forefather *Adam*; yet, Lord, as I hope and purpoſe firmly, by thy merciful Favour, to reſrain from conſenting to any mortal Sin, (from

which

which I moſt humbly beg of thee to preſerve me whilſt I live) ſo will I by thy Goodneſs continually ſtrive againſt my venial Sins and Imperfections; which that I may the better perform, grant me Grace, my ſweet Saviour Jeſus Chriſt, to perſevere in examining my Conſcience every Night more diligently than other, according to the Inſtructions it hath pleaſed thee to impart unto me by thy Servant, and every Morning ſo happily to begin the Day, by offering the Firſt-fruits of all my Actions, that the reſt of it may always be employed to thy Glory.

As for the Penance enjoined me, and not yet performed, I humbly beſeech thy Aſſiſtance, both in the perfect Remembering and diligent Executing of it, till, by thus daily endeavouring, through thy Grace, to amend my Life, I become at laſt a true Penitent; and ſo, through the Merits of thy bitter Paſſion, obtain full Forgiveneſs of my Sins in this World, and in the other everlaſting Life. Grant this, O my Lord and Saviour Jeſus Chriſt, who, with God the Father and the Holy Ghoſt, liveſt and reigneſt World without End. *Amen.*

I Beſeech thee, O Lord, let this my Confeſſion be acceptable to thee, by the Interceſſion of the bleſſed Virgin *Mary*, thy holy Mother, and of all the Saints; and vouchſafe, out of thy infinite Goodneſs and Mercy, to ſupply whatever has been defective in this or any other of my Confeſſions, that thou mayſt fully ratify in Heaven

that

that Abſolution which has been here pronounced on Earth; who liveſt and reigneſt for ever. *Amen.*

Prayers before receiving the bleſſed Sacrament.

O My Lord and Saviour Jeſus Chriſt, I moſt firmly believe, that thou, true God and true Man, art really preſent in this moſt bleſſed Sacrament: I believe that it contains thy Body and Blood, accompanied with thy Soul and Divinity. I acknowledge theſe Truths, I believe theſe Wonders, I adore thy Power which has wrought them, and I praiſe thy infinite Goodneſs, which has prepared them for me. But who am I, O ſovereign Majeſty, that thou ſhouldeſt vouchſafe to come to me! Or how ſhall I dare preſume to approach to thee? Thou art the King of Kings, the Lord and Maker of Heaven and Earth, and I am a poor Worm of the Earth. Thou art the Saint of Saints, Purity and Holineſs itſelf; and I am a wretched unclean miſerable Sinner, the very Filth of Sin. O Lord, I confeſs my great unworthineſs, which thou beſt knoweſt; but ſtill my whole Confidence is in thy infinite Goodneſs: I am terrified at thoſe Words of thy Apoſtle, that *He, who eats and drinks unworthily, eats and drinks Judgment to himſelf.* But then I am encouraged again with that merciful Invitation, *Come to me all you that labour and are heavy burthened, and I will refreſh you.* To thee therefore I come, dear Lord, truſting in thy divine Clemency, that thou wilt pardon all my Iniquities, heal all my Infirmities, and from this

Time

Time forward take full Poſſeſſion of my Soul. My only Intention in coming to thee is, that I may comply with thy holy Will and divine Inſtitution; that I may commemorate thy Death and Paſſion; and that, by receiving thee in theſe ſacred Myſteries, I may be happily united to thee; that ſo, as thou haſt promiſed, I may be in thee and thou in me. Lord, thou knoweſt how unable I am of myſelf to prepare my Soul for ſo great a Favour; be thou pleaſed therefore to prepare me by thy Grace. Caſt out of my Soul all that Filth of Sin, which thou diſcovereſt there; and enkindle in my Heart the ſacred Fire of thy Love. Remember, Lord, that thou haſt ſaid, *I am come to caſt Fire upon the Earth, and what do I deſire but that it ſhould be enkindled.* I earneſtly beg that this divine Flame my take hold of my Soul. O give me Grace from this Moment to love thee for ever. *Amen.*

A Profeſſion of the Catholick Faith, *extracted out of the Council of* Trent *by Pope* Pius IV.

I *N.* believe and profeſs with a firm Faith all and every one of the Things which are contained in the Symbol of Faith which is uſed in the holy *Roman* Church, *viz.*

I believe in one God the Father Almighty, Maker of Heaven and Earth, and of all things viſible and inviſible; and in one Lord Jeſus Chriſt, the only begotten Son of God, and born of the Father before all Ages; God of God, Light of Light, true God of true God, begotten, not made,

made, conſubſtantial to the Father, by whom all things were made; who for us Men, and for our Salvation, came down from Heaven, and was incarnate by the Holy Ghoſt of the Virgin *Mary* AND WAS MADE MAN, was crucified alſo for us under *Pontius Pilate*, ſuffered, and was buried and roſe again the third Day according to the Scriptures, and aſcended into Heaven, ſits at the Right Hand of the Father, and will come again with Glory to judge the Living and the Dead, whoſe Kingdom there will be no End: And in the Holy Ghoſt the Lord and Life-giver, who proceeds from the Father and the Son: Who together with the Father and the Son is ador'd and glorified, who ſpoke by the Prophets. And one holy Catholic and Apoſtolic Church. I confeſs one Baptiſm for the Remiſſion of Sins, and I expect the Reſurrection of the Body, and the Life of the World to come. *Amen.*

I moſt firmly admit and embrace Apoſtolical and Eccleſiaſtical Traditions, and all other Conſtitutions and Obſervations of the ſame Church.

I alſo admit the ſacred Scriptures according to the Senſe which the holy Mother Church hath held and does hold, to whom it belongs to judge of the true Senſe and Interpretation of the holy Scriptures, nor will I ever take and interpret them otherwiſe than according to the unanimous Conſent of the Fathers.

I profeſs alſo that there are truly and properly ſeven Sacraments of the new Law, inſtituted

J

eſus Chriſt our Lord, and for the Salvation of
ankind, tho' all are not neceſſary for every one;
iz. Baptiſm, Confirmation, Euchariſt, Penance,
xtreme Unction, Order, and Matrimony, and
at they confer Grace; and of theſe Baptiſm,
onfirmation, and Order cannot be reiterated
ithout Sacrilege.

I alſo receive and admit the Ceremonies of the
atholic Church, receiv'd and approv'd in the ſo-
mn Adminiſtration of the above ſaid Sacrament.

I receive and embrace all and every one of the
hings which have been defin'd and declar'd in
e holy Council of *Trent*, concerning original
n and Juſtification.

I profeſs likewiſe that in the Maſs is offered to
od a true, proper, and propitiary Sacrifice for
e Living and the Dead; and that in the Sacra-
nt of the Euchariſt there is truly, really and ſub-
ntially the Body and Blood, together with the
ul and Divinity of our Lord Jeſus Chriſt, and
t there is made a Converſion of the whole
bſtance of the Bread into the Body, and of the
ole Subſtance of the Wine into the Blood;
ich Converſion the Catholic Church calls
anſubſtantiation.

I confeſs alſo that under either Kind alone,
ole and entire Chriſt, and a true Sacrament is
eiv'd.

I conſtantly hold that there is a Purgatory, and
t the Souls detained there are helped by the
ffrages of the Faithful.

Likewiſe that the Saints reigning together with

Chriſt are to be honoured and invocated, that they offer Prayers to God for us, and that their Relics are to be venerated.

I moſt firmly aſſert that the Images of Chriſt, and of the Mother of God ever Virgin, and alſo of the other Saints are to be had and retained, and that due Honour and Veneration is to be given to them.

I alſo affirm that the Power of Indulgences was left by Chriſt in the Church, and that the Uſe of them is moſt wholeſome to Chriſtian People.

I acknowledge the holy Catholic, and Apoſtolic *Roman* Church, the Mother and Miſtreſs of all Churches; and I promiſe and ſwear true Obedience to the *Roman* Biſhop, the Succeſſor of St. *Peter* Prince of the Apoſtles and Vicar of Jeſus Chriſt.

I alſo profeſs and undoubtedly receive all other Things deliver'd, defin'd and declar'd by the ſacred Canons and General Councils, and particularly by the holy Council of *Trent*; and likewiſe I alſo condemn, reject and anathematize all Things contrary thereto, and all Hereſies whatſoever condemn'd, rejected, and anathematiz'd by the Church.

This true Catholic Faith out of which no one can be ſav'd, which I now freely profeſs and truly hold, I *N.* promiſe, vow and ſwear moſt conſtantly to hold and profeſs the ſame whole and entire, with God's Aſſiſtance, to the End of my Life. *Amen.* J. McK.

FINIS.